

# McDowell Environmental Center

## STUDENT HEALTH FORM

All information is confidential-**PLEASE PRINT NEATLY!**  
 This form must be filled out by the student's **PARENT or LEGAL GUARDIAN ONLY!**

Student name: (Last)	(First)	(Middle)	Date of Birth:	Sex: Female Male (Please circle one)
Age:	Grade:	Height/Weight:	Preferred name (if different from above):	
Address: _____ City: _____ State: _____ Zip Code: _____				
Parent/Guardian name: (Last) _____ (First) _____			Relationship to student:	
Cell Phone:	Work Phone:	Email Address:		
Other Emergency Contact: (Last) _____ (First) _____			Relationship to student/Phone Number:	
Primary Physician:			Physician Phone:	

Is student on a special diet? Y / N If so, please explain what they CAN eat as well as what they CANNOT eat:

\_\_\_\_\_

**\*\*If special foods must be sent with your child,  
 please contact the camp nurse at 205-387-1806 ext. 125 or rn@campmcdowell.com\*\***

### ALLERGY INFORMATION

To the best of your knowledge does your child have any allergies? **YES / NO** (Please circle one)  
 If YES was circled, please indicate to which of the following your child is allergic. Please be specific:

FOODS:	
PLANTS:	
MEDICINE ALLERGIES:	
ANIMALS:	
INSECTS:	
OTHER:	

Please indicate what treatment your child should receive if exposure occurs (Any medications to which your child is allergic will NOT be given): \_\_\_\_\_

**\*\* If your child is bringing an EPI-PEN,  
 you MUST contact the camp nurse at 205-387-1806 ext. 125 or rn@campmcdowell.com\*\***

ADDITIONAL HEALTH CONCERNS: \_\_\_\_\_

\_\_\_\_\_

**PLEASE READ, COMPLETE and SIGN PAGE 2 OF THIS FORM!!**

**STUDENT MEDICATIONS WHILE at MCDOWELL ENVIRONMENTAL CENTER:**

- All medications must be in their original container with the student’s name and school written on the container.
- There must be clear directions on when &/or why to give the medication.
  - NOTE: “Give as Directed” is not acceptable
- The container must specify the strength and dose of the medication.
- If it is an Over-The-Counter medication it must be age-appropriate and will be given following manufacturer recommendations. If it is not recommended for your child’s age and your child’s Healthcare provider prescribed it then a note from that provider must be sent with the OTC medication.

**PRESCRIPTION MEDICATIONS:**

ALL MEDICATION IS ADMINISTERED BY A LICENSED NURSE, EMT OR AUTHORIZED SCHOOL PERSONNEL. Add additional sheet, if necessary.

List all prescription medications that you will send with your child. Circle the time(s) to administer this medicine to the child, choosing from the following: **B\***= Before Breakfast, **B**= After Breakfast, **L**= After Lunch, **C**=Canteen (4PM), **D**= After Dinner, **HS**= At Bedtime

\*If a time is not selected, medicines will be given after breakfast.

Medication:	Dosage:	Reason:	Time Given: <b>B* B L C D HS</b>
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**OVER THE COUNTER (OTC) MEDICATIONS:**

ALL OTC MEDICATIONS MUST BE PROVIDED BY PARENTS/LEGAL GUARDIANS OF THE STUDENT.

Circle “As Needed Only”, if medication is not taken daily.

Medication:	Dosage:	Reason:	Time Given: <b>B* B L C D HS As Needed Only</b>
Medication:	Dosage:	Reason:	Time Given: <b>B* B L C D HS As Needed Only</b>
Medication:	Dosage:	Reason:	Time Given: <b>B* B L C D HS As Needed Only</b>
Medication:	Dosage:	Reason:	Time Given: <b>B* B L C D HS As Needed Only</b>

**In the event of unexpected illnesses, our Nurse/EMT will have limited OTC medicines available for your child– Which of the following medicines do you permit to be given to your child by our Nurse/EMT?**

**Ibuprofen:** Yes\_\_ No\_\_ **Acetaminophen:** Yes\_\_ No\_\_ **Benadryl:** Yes\_\_ No\_\_ **Cough Drops:** Yes\_\_ No\_\_ **Tums:** Yes\_\_ No\_\_

**PHOTO RELEASE**

"I give my permission for any photos or videos taken of my child or any artwork and writing made by my child during educational programs at Camp McDowell to be used for the public relations of the program."

**ACCIDENT INSURANCE COVERAGE**

Accident insurance costs are covered in the program fee and protect all students throughout the program. The maximum benefits are: Sickness, \$1000; Accidents, \$2500; and Loss of Life, \$2500. Parents or guardians are responsible for expenses in excess of these amounts.

**MEDICAL AUTHORIZATION AND RELEASE**

"I AUTHORIZE THE NURSE, EMT, OR AUTHORIZED SCHOOL PERSONNEL THE TASK OF ASSISTING MY CHILD IN TAKING THE ABOVE MEDICATIONS.

I GIVE THE NURSE AND EMT PERMISSION TO SPEAK WITH MY CHILD’S HEALTH CARE PROVIDER OR PHARMACIST AND AUTHORIZE MY CHILD’S HEALTH CARE PROVIDER OR PHARMACIST TO SPEAK WITH THE NURSE AND EMT SHOULD A QUESTION COME UP ABOUT ONE OF MY CHILD’S MEDICATIONS.

ALL HEALTH INFORMATION IS CONSIDERED CONFIDENTIAL AND WILL BE SHARED ONLY ON A NEED-TO-KNOW BASIS TO ENSURE THE SAFETY OF YOUR CHILD."

**"This is to certify that the information provided on this form is accurate to the best of my knowledge,"**

\_\_\_\_\_  
SIGNATURE of PARENT or LEGAL GUARDIAN

\_\_\_\_\_  
DATE